



+ uses gravity to help
baby's descent
+ opens pelvis



+ uses gravity to help
baby's descent
+ allows for rest
between contractions



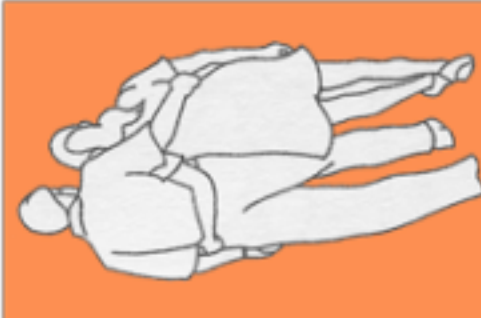
+ for rest and relaxation



+ uses gravity to help
baby's descent



+ uses gravity to help
baby's descent
+ allows for rest
between contractions



+ uses gravity to help
baby's descent
+ helps stimulate
effective contractions



+ uses gravity to help
baby's descent
+ allows for rest
between contractions



+ uses gravity to help
baby's descent
+ opens pelvis



+ uses gravity to help
baby's descent
+ allows for rest
between contractions



+ uses gravity to help
baby's descent
+ allows for rest
between contractions